

Menu is Subject to Change

MARCH 2021

Shenandoah JK-8 Breakfast Menu

Low-Fat and Fat-Free Milk are Offered with All Meals

Monday	Tuesday	Wednesday	Thursday	Friday
Blueberry Muffin Or Cereal w/Toast String Cheese Apple Slices Orange Juice Choice of Milk	Ham, Egg & Cheese Breakfast Bar Toast Or PBJ Uncrustable Go-Gurt Orange Wedges Juicy Juice Choice of Milk	Mini Donuts Or Pancake on a Stick Fresh Fruit Orange Juice Choice of Milk	NO SCHOOL	5 NO SCHOOL
Chocolate Chip Breakfast Bar Or Egg Omelet Muffin w/Toast Yogurt Strawberries Orange Juice Choice of Milk	French Toast w/Bacon Or Pop Tart Cottage Cheese Peaches Juicy Juice Choice of Milk	Breakfast Pizza Or Yogurt Parfait w/Graham Cracker Banana Orange Juice Choice of Milk	Sausage, Egg & Potato Power Bites Or Cereal Toast Applesauce Juicy Juice Choice of Milk	Mini Pancakes Or Cereal Bar Yogurt Blueberries Orange Juice Choice of Milk
15 Scrambled Eggs, Bacon & Toast Or Cinna Mini Fresh Fruit Orange Juice Choice of Milk	Biscuits & Gravy Or Breakfast Cookie Mandarin Oranges Juicy Juice Choice of Milk	Waffles Or Apple Frudel String Cheese Baked Apple Slices Orange Juice Choice of Milk	Bacon, Egg & Cheese BF Sandwich Or PBJ Uncrustable Banana Juicy Juice Choice of Milk	Breakfast Sliders Or Donut Fresh Fruit Orange Juice Choice of Milk
Cereal w/English Muffin Or Chocolate Chip Muffin w/Yogurt Mixed Berries Orange Juice Choice of Milk	Egg & Cheese Omelet, Sausage w 23 Or Pop Tart w/String Cheese Raspberries Juicy Juice Choice of Milk	Sausage, Egg & Cheese BF Sandwich Or Bagel w/Cream Cheese Cottage Cheese Peaches Orange Juice Choice of Milk	Ham, Egg & Cheese Breakfast Bar Toast Or Pancake on a Stick Pears Juicy Juice Choice of Milk	Chocolate Chip Breakfast Bar Or Cereal w/Toast Fresh Fruit Orange Juice Choice of Milk
PBJ Uncrustable Or Waffles Strawberries Orange Juice Choice of Milk	Breakfast Pizza Or Cheesy Ham & Egg Bake w/Toast Apple Slices Juicy Juice Choice of Milk	Sausage, Egg & Potato Power Bites Or Cereal Toast Banana Orange Juice Choice of Milk		

This Institution is an Equal Opportunity Provider

